



**CERTITUDE**  
AUSTRALIA

# The High EQ Leader – Building High-Performance Teams



## LEARNING OUTCOME

Participants from this workshop stand to gain the following benefits:

- Strengthen relationships with colleagues;
- Enhance communication skills;
- Learn how to work effectively with diversity and manage conflict;
- Leave the course feeling energised and motivated and equipped with skills and strategies to maintain this positivity and optimism; and
- Develop a deeper awareness of their strengths and non-strengths and use the information to engage more effectively with others.

## AUDIENCE

All who are in managerial, project management, team leadership or supervisory roles

## COURSE CONTENT

This workshop will cover the following topics:

- ✓ Attributes of high-performance teams;
- ✓ Emotional intelligence and high performance;
- ✓ Reading and managing emotions to create empowering emotional states;
- ✓ Mastering the three levers that impact our emotions;
- ✓ Develop the mindset and beliefs to break through invisible barriers;
- ✓ Defining a clear and common purpose;
- ✓ Building a platform of trust;
- ✓ Working effectively with diversity and creating a culture of healthy conflict;
- ✓ Understanding DISC personality styles, your strengths and non-strengths;
- ✓ Unleashing your passion and strengthening commitment; and
- ✓ Developing high personal ownership.

## COMPLETION

Issue of Certificate of Completion

 [info@certitudeaustralia.com.au](mailto:info@certitudeaustralia.com.au)

## COURSE STRUCTURE

2 Days

- Face-to-Face, or
- Virtual delivery